

# TEX-MEX PARTY SHOPPING LIST

## Menu

Avocado Chilli Dip or Avofeta Smash  
Vege Chips or corn chips



Mexicali Chicken and Zucchini Burgers  
Yucatán Beef Fajitas



Chia Chocolate Miracle Cake  
Tropical Pops



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### Meat and fish

- 500g chicken or turkey mince
- 400g skirt steak or schnitzel

### Dairy and eggs

- 2 cups (500ml) cream
- 3 eggs
- 250g ricotta

### Vegetables and fruit

- 1 just-ripe avocado
- 3 beetroots
- 3 large carrots
- 3 kumara
- iceberg lettuce
- lettuce leaves
- 2 onions
- 1 orange
- 1 green pepper
- 2 red peppers
- 1 cup finely chopped pineapple, mango or peach flesh
- 1 red onion
- 6 tomatoes, plus extra for burgers
- 2 zucchini (about 200g)

### Pantry items

- Avocado Chilli Dip (see page 152) or Avofeta Smash (see page 140) or guacamole or mashed avocado
- burger buns
- ¼ cup chia seeds
- 1 cup chocolate chips
- ¼ cup good-quality cocoa
- ¼ cup coconut cream
- 500g good-quality dark chocolate
- 6 tbsp Smoky Spice Mix or storebought taco seasoning mix
- 8 tortillas

For recipes see my summer annual *Annabel Langbein A Free Range Life: Endless Summer*.

Most main dishes serve four, but some serve six or more, leaving leftovers for lunch the next day or a second meal another night.

Please note quantities are sometimes rounded to allow for easy shopping – for example when 2½ lemons are required the shopping list will call for 3 lemons.

We assume you will have a stock of Storecupboard Basics, such as oils, vinegars, sauces, herbs and spices on hand. See separate checklist for this.